

RACHEL HORTON WHITE

Intuitive Counselor, Writer, Seeker of Truth



ABOUT RACHEL

Rachel Horton White is a clinical hypnotherapist, mindfulness teacher and intuitive guide who has helped transform the lives of hundreds of clients worldwide in this massive planetary shift in consciousness. She left her career in nonprofits to find her true soul's purpose by founding **Soulful Work Intuitive Consulting**. Rachel has led sold-out women's retreats, written for multiple online publications, and presented at national hypnotherapy conferences. Her new book is called **Tools for the Awakening Soul: A Guide to Activate Your Intuition and Uncover Your Life's Purpose**.

TALKING POINTS ON AWAKENING, CONSCIOUSNESS AND INTUITION

- How can we move into 5th dimensional consciousness when we are still connected to the 3D matrix?
- What does it mean to awaken?
- What are the Akashic Records and how do you get there?
- How do you receive intuitive guidance?
- How do you connect with Divine Source Energy?
- What does it mean to unravel and separate from Ego?

- The process of spiritual awakening - how to move into 5D living in a 3D society with ascension tools
- Developing intuition to connect with higher guidance (angels, Ascended Masters, your Higher Self)
- Healing past, present and future in the Akashic Records
- Expanding into our lightbodies by clearing the shadows of Ego
- The power of energy, vibration and Divine laws to co-create our realities (with emotions and thoughts)

SUGGESTED QUESTIONS FOR INTERVIEWS

About Rachel's book



As we shift away from an age of separation into a new age of unity, the book, **Tools for the Awakening Soul: A Guide to Activate Your Intuition and Uncover Your Life's Purpose** by Rachel Horton White, helps awakening souls uncover their innate gifts. By learning to work with their thoughts, emotions and the frequency of love, spiritual seekers reading this book can take intuitively-guided action to fulfill their soul missions. With the personalized writing exercises, real-life examples and meditations in this guidebook, readers will find it easier to begin quieting their mind and clearing the fears, doubts and worries of the negative Ego voice. While learning about Divine laws such as the Law of Resonance, they will begin to develop their intuition to more easily connect with the spirit realm, align their energy with high-vibration flow, and co-create their lives in the New Earth of 5D consciousness!

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